

PROGRAMS & SERVICES

All of our adult day services focus on weekday care of elderly and disabled adults. We are able to offer Adult Medical Day Care, Senior Center Plus, and our newest Adult Day Care Memory Break. All services are available to help families keep their loved ones at home longer, and often delay more costly 24 hour care options.

Adult Medical Day Care:

Our Adult Medical Day Care (AMDC) program is a structured program of professional care, compassionate assistance, and community-based activities for impaired adults, designed to enhance their physical, social and emotional health. Sometimes referred to as adult day health care, the AMDC program is licensed and regulated by the Maryland Department of Health and Mental Hygiene, and includes medical monitoring, lunch and snacks, door-to-door transportation and planned activities to improve quality of life. Daily fees are typically less than other care options such as in-home care, and can be combined with other forms of care. Eligibility based on physical, mental or emotional impairments. Enrollment required. Sliding scale fee (or MA waiver) is available for those who qualify financially. Adult Day Care of Calvert County is a Veteran's approved facility for VA benefits coverage of adult medical day care.

Senior Center Plus:

Senior Center Plus is a social non-medical day care program that is certified by the Maryland Department of Aging. Enrollment in the program includes supervision, personal care assistance, lunch and snacks, and activities planned to encourage social interaction. Senior Center Plus is like AMDC, but for those who do not require medical monitoring, nursing services, or transportation. Low income may qualify for HCBS waiver.

Adult Day Care Memory Break:

Memory Break, hosted by Adult Day Care of Calvert County staff at our center, is a brief break for memory impaired adults and their caregivers. Choose the morning session, 8 am – 10am, or afternoon session, 2 pm – 4 pm, Monday through Friday. Memory Break sessions are perfect for individuals who may just need up to 2 hours of supervision occasionally, and could benefit from a community-based setting, or perfect as an introduction to adult day services. No referral or assessment is required. Must register 48 hours in advance. \$25 per session.