

# Need Some Help?

Adult Day Care of Calvert County is an Independent Nonprofit  
Dedicated to the Care of Elderly & Disabled Adults

[www.adcofcalvertcounty.org](http://www.adcofcalvertcounty.org)



## **MEDICAL & SOCIAL DAY CARE**

The Adult Medical Day Care (AMDC) program is a safe structured weekday program of Professional Care, Compassionate Assistance, & Community-Based Activities for frail or impaired seniors (55 & older) and disabled adults (18 & older), designed to enhance their physical, social & emotional health. Senior Center Plus (social day care) is also available. **Professional Care:** Staff Registered Nurse, Individual Care Plans, Health Screenings (AMDC), Medication Administration (AMDC) **Compassionate Assistance:** Door to Door Transportation (AMDC), Personal Assistance, Lunch and Snacks, Mobility Assistance Experienced Care Team, Staff to Participant Ratio 1:7 (or better)

**Community-Based Activities:** Games & Crafts, Community Outings, Memory Stimulation, Leisure Activities, Designed to Enhance Well-Being of Participants

## **PARTICIPANT FEES**

Daily fees for services are typically less than other care options such as assisted living, in-home care options and nursing home care, & can be combined with other forms of care. Payment options for daily participant fees: Private Pay (full daily fee paid by participant or family), Grant Eligible (sliding scale)\*, Medicaid Medical Assistance Waiver\*, Veterans Administration for the provision of Adult Day Health Services\*, Long Term Care Insurance  
\* must qualify

## **HOW TO ENROLL SOMEONE**

Pick up, request, or download application (referral form) and physicians assessment form from Adult Day Care of Calvert County

[www.adcofcalvertcounty.org](http://www.adcofcalvertcounty.org) Click on FORMS tab  
Or call 410-535-0133. Feel free to contact us with any question.

## **HOURS OF OPERATION**

Monday – Friday 7:30 am to 4 pm  
Adult Medical Day Care program hours are 10:00 am – 2:00 pm.  
Located on the lower level of the Health Department building



## **ADULT DAY CARE OF CALVERT COUNTY**

**975 Solomons Island Road, PO Box 1659  
Prince Frederick, MD 20789  
410-535-0133**

**INDIVIDUALS SUITABLE** for medical or social day care may have physical, emotional, or cognitive impairments which individuals are: unsafe if left alone for several hours, too confused or unmotivated to organize meals, at risk for wandering, expected to benefit from a structured program, confined to a wheelchair, in need of assistance or close supervision to walk or transfer, in need of scheduled toileting, in need of services of a nurse or services provided under nursing supervision for administration of medications, monitoring a medical condition, or chronic illness, or in need of supervision & may benefit from social interaction.

**INDIVIDUALS NOT SUITABLE** include one who is bed-ridden, or does not have the strength or stamina to attend for a minimum of 4 hours, one in an infectious stage of a communicable disease (unless a physician determines no significant hazard to others), one with behavioral disorders that may cause one to be destructive to oneself (or others) or disruptive in a group setting, one actively abusing drugs or alcohol, one who requires extensive one on one assistance and supervision throughout the day.

**BENEFITS:** For the participant, it provides stimulation, socialization, supervised care, personal assistance, safe structured environment, decreased isolation, a way to combat depression, a homelike & comforting community-based group setting. For caregivers and/ or families, it offers a balance of the often conflicting demands of work and caring for a loved one, a form of respite so they can tend to other demands, peace of mind so they can minimize day to day worries, a means to avoid “caregiver burnout”, an affordable option for care or supplement to other forms of care, a setting for which impaired adults can “age in place”, a way to delay or prevent inappropriate or personally undesirable institutionalization, a viable resource for the care of elderly or disabled adults, including those with advanced dementia.

**COMMUNITY CONTRIBUTIONS** in the form of donations and volunteerism are accepted & greatly appreciated! Adult Day Care Corporation of Calvert County is a 501(c) 3 nonprofit organization. FEIN 52-1470017; CFC #50324; MCC # 2294; United Way of Calvert Community Partner. **Ask about CITC tax credits for you!**