

Participant Fees

Daily fees for services are typically less than other care options such as assisted living, in-home care options and nursing home care, & can be combined with other forms of care.

Payment options for daily participant fees:

- Private Pay (full daily fee paid by participant or family)
- Grant Eligible (sliding scale)*
- Medicaid Medical Assistance Waiver*
- Under Contract with The Veterans Administration for the provision of Adult Day Health Services*
- Long Term Care Insurance

* must qualify

How To Enroll Someone

Pick up, request, or download application (referral form) and other forms from

- **Adult Day Care of Calvert County**
- **www.adcofcalvertcounty.org**
click on FORMS tab
- **Or call 410-535-0133**

Feel free to contact us with any questions.

Community Involvement

Opportunities are plentiful for those who have the time, compassion, or resources, to share themselves with others. Consider sharing a talent, service or skill. Come and explore the gift you might share for the benefit of elderly and disabled adults: **THE GIFT OF YOURSELF!**

Donations are accepted & greatly appreciated! Adult Day Care of Calvert County, Inc. is a 501(c)3 nonprofit corporation.

Contact us today! 410-535-0133

Hours of Operation

Monday - Friday

7:30 a.m. to 4:00 p.m.

The Center is conveniently located on the lower level of the Health Department Building at the corner of Calvert Memorial Hospital campus. Adult Medical Day Care program hours are 10:00 am – 2:00 pm.

Adult Day Care of Calvert County is a nonprofit, equal opportunity organization, and is licensed by



For more information, contact us at:

Adult Day Care of Calvert County
PO Box 1659

Prince Frederick, Maryland 20678

Email (1) director.adc@gmail.com
(2) director@adcofcalvertcounty.org

Phone 410-535-0133

Fax 410-535-4094

www.adcofcalvertcounty.org

Choose Adult Day Care of Calvert County for
Designation Donation:

Combined Federal Campaign

CFC #50324

Maryland Charity Campaign

MCC # 2294

United Way of Calvert County
Community Partner

Like us on **Facebook!** Follow us on Twitter!



An Independent Nonprofit
Dedicated to the Care of
Elderly & Disabled Adults

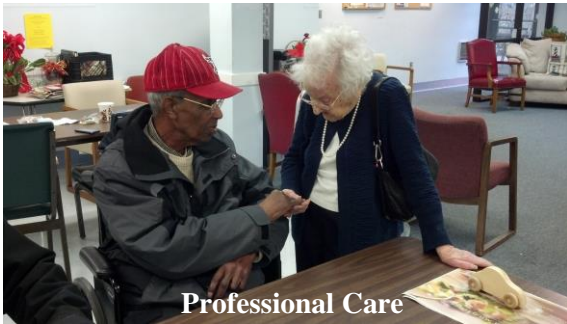
Need Some Help?

975 Solomons Island Road
Prince Frederick, Maryland
410-535-0133

www.adcofcalvertcounty.org

Medical & Social Day Care

The **Adult Medical Day Care (AMDC)** program is a safe structured weekday program of **Professional Care, Compassionate Assistance, & Community-Based Activities** for frail or impaired seniors (55 & older) and disabled adults (18 & older), designed to enhance their physical, social & emotional health. **Senior Center Plus** (social day care) is also available.



- Staff Registered Nurse
- Individual Care Plans
- Health Screenings (AMDC)
- Medication Administration (AMDC)

Compassionate Assistance

- Door to Door Transportation (AMDC)
- Assistance of Daily Living
- Lunch and Snacks
- Mobility Assistance
- Experienced Care Team
- 1:7 Staff to Participant Ratio (or better)

Community-Based Activities

- Games & Crafts
- Community Outings
- Memory Stimulation
- Leisure Activities
- Designed to Enhance Well-Being of Participants

Who is Appropriate?

Individuals SUITABLE for day care may have:

- Mental impairments with which individuals are:
 - Unsafe if left alone for several hours
 - Too confused or unmotivated to organize meals or attend to personal needs
 - At risk for wandering if left unsupervised
 - Expected to benefit from a structured program to improve confusion, depression, lack of motivation, or extreme social isolation
- Mobility impairments with which an individual is confined to a wheelchair
 - Needs human assistance or close supervision to walk or to transfer
- Need for scheduled toileting to prevent or remedy incontinence of bowel or bladder.
- Need for services of a nurse, or services provided under nursing supervision for management or administration of medications, monitoring a medical condition, treatment of minor injuries, wound care, or chronic illness

Adults suitable for SENIOR CENTER PLUS need supervision & may benefit from social interaction.

Individuals NOT SUITABLE include:

- Someone who is bed-ridden, or does not have the strength or stamina to attend adult day care for a minimum of 4 hours
- Someone in an infectious stage of a communicable disease, unless a physician states that there is no significant hazard to others
- One with emotional or behavioral disorders that cause one to be destructive to oneself or others, or disruptive in a group setting
- Someone actively abusing drugs or alcohol
- Someone too independent to benefit from the activities and services in the Center
- Someone who requires extensive one on one assistance and supervision throughout the day

Adult Day Care Programs

For the **participant**, it provides

- Stimulation
- Socialization
- Supervised care
- Assistance
- Safe, structured environment
- Decreased isolation
- A way to combat depression
- A homelike & comforting community-based group setting

For **caregivers** and/ or families, it offers

- A balance of the often conflicting demands of work and caring for a loved one.
- A form of respite, so they can tend to other demands
- Peace of mind, so they can minimize day to day worries
- Means to avoid “caregiver burnout”
- An affordable option for care or supplement to other forms of care

For **our community**, it delivers

- A setting for which impaired adults can “age in place”
- A way to delay or prevent inappropriate or personally undesirable institutionalization.
- A viable resource for the care of elderly or disabled adults, including those with advanced dementia

Contact Us Today!

410-535-0133

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